

Sample Clinical Reasoning Form – Jenx Multiseat



Sample letters of medical necessity are not intended to provide exact guidance on how to apply for funding for any product or service. Every patient is unique, with their own individual needs. Ultimately, health care providers should undertake a robust clinical assessment of each patient and make an informed clinical decision regarding the appropriateness of a particular product for that patient. Applications to any funding source must be factually accurate and accurately reflect the individual needs of the applicant patient.

Jiraffe cannot guarantee the success in obtaining insurance or third-party funding of any kind.

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Describe who you are, your role, client's name and state the equipment you are seeking funding for

I am a qualified (insert profession) and I am writing this report on behalf of X.

As X's therapist, I am requesting funding for a Jenx Multiseat seating system. The Multiseat is a medical necessity that would not be required in the absence of disability, illness, or injury. The following report explains the medical justification.

Explain the client's diagnosis, disability and past medical history (Include functional ability and limitations in segmental body control, overview of other impairments)

X is 13 years old and has a diagnosis of Dystonic Cerebral Palsy, equivalent to GMFCS Level IV, and Epilepsy. X is a twin, who was born at 30 weeks gestation following an emergency C-Section.

X is under the care of many health professionals, including the Orthopaedic, Neurology and Spinal Teams, Physiotherapy, Occupational Therapy, Speech and Language, Paediatricians and Orthotics.

Tone/Movement/Strength: X is affected by dystonia and weakness throughout their body. They have slight hip and knee flexor contractures bilaterally. They have more marked contractures bilaterally at the ankle plantar flexors. They have limited hip abduction range of movement bilaterally of 5 degrees in their right hip and 15 degrees in their left hip. They have bilateral hip dysplasia with a migration percentage of 34% at their right hip and 20% at their left hip. They remain under the hip surveillance pathway and have yearly reviews with the Orthopaedic Consultant, they have had no prior surgery. X receives 6 monthly Botox injections bilaterally to hamstrings and hip adductors to aid with maintaining range of motion and improve comfort. Botox was previously administered to bilateral gastrocnemius muscles with diminishing effects and has now ceased. X struggles greatly with all movement and needs significant support throughout the day. They are hoisted or use a Sam Hall Turner for transfers. They can sit independently for short periods, but only in extremely slouched long sitting or left side sitting positions, which X finds uncomfortable, isolating and extremely fatiguing. X needs support at their pelvis, lower limbs and trunk for a more upright and comfortable posture in sitting. X can roll left and right independently and can use their upper limbs for functional tasks such as using their iPad or playing Boccia when they have the appropriate support.

Posture: X adopts a wind sweeping posture to their left that is correctable to neutral in lying, sitting and standing with the appropriate support. They have a flexible scoliosis with pelvic tilt to the left and lumbar convexity to the left that is being monitored by the Spinal consultants. X has bilateral AFO's to support and maintain foot posture.

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Ambulation/Functional Walking Status: X needs significant support to ambulate. X uses a gait trainer with trunk, pelvis and lower limb support at school to mobilise short distances. They also access an adaptive tricycle, with the same level of physical support, at home and use this for some outdoor mobility. X is reliant on a manual wheelchair or their powered chair for the majority of their mobility at home, school and in the community

Communication: Some dysarthria and continues to have support from the Speech and Language Team for this.

Hearing: No concerns

Vision: Far-sightedness, supported with prescription glasses

Skin Condition/Integrity: No concerns

Other status - Cardio-respiratory, swallowing e.g.: Nil cardio-respiratory concerns. Nil cognitive concerns, X is doing well at school academically and enjoys Maths and Science. X can verbalise their thoughts and feelings articulately. Some difficulties with firm bite and effortful chewing, uses straw to aid drinking, functions at EDACS level II.

Explain the impact of the client's diagnosis on their life (Discuss the implications and limitations without access to therapeutic equipment)

X has a lifelong physical disability. As a child functioning at GMFCS level IV, X needs assistance for nearly all of their daily activities, and needs 24-hour postural support. X uses wheeled mobility in most settings and needs significant support to practice stepping. X is affected by weakness throughout their body, particularly their lower limbs. They are affected daily by fatigue, pain and feeling isolated. X hates being segregated from their friends and being made to feel different. They are at their happiest when they can take part in the typical routines of 13-year-old child, and variety in adaptive equipment access plays a huge role in helping them do this.

Without access to the appropriate seating system for home and school, X is not able to sit and take part in their learning and hobbies. They cannot sit on a standard school chair safely, and their wheelchair does not provide the pelvic and trunk support adaptations to support learning and interaction. Their powered chair is too big to use in the small classroom or home environment effectively and limits access to the tables X's peers sit at. Neither chair has a high-low or tilt-in-space function – features that greatly assist movement, transfers, function and learning.

Without the support of an adaptive seat, X will continue to adopt painful and destructive postures that will likely lead to negative body changes as they grow – worsening scoliosis or further hip displacement/dislocation. This will mean more medical intervention and more costs to medical services.



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X is significantly at risk of high levels of sedentary behaviour and the associated negative health consequences, without access to the appropriate equipment. **X** needs a seating system that can encourage frequent positional changes, assist with their transfer practice and encourage better access to the school and home environment to boost their activity levels through the day.

Provide an overview of the equipment for which you are seeking funding and the physical benefits in relation to the client (Explain how the equipment will provide physical benefits to the client's individual needs, support with clinical references if able)

The Jenx Multiseat is a robust and highly adaptable active seating system. The hip guides, ischial well, sacral pad and 4-point belt provide a perfect foundation for stable and symmetrical sitting. Options for lower limb, trunk, shoulder and head support mean it can provide a high degree of support for any child. It's tool – free adjustments make it easy to support a variety of sitting postures and encourage activity, play and skill development. The swivel castors on the base make it highly manoeuvrable for improving access around the busy home and school environments. The high-low and tilt-in-space functions aid caregiving, transfers, active or restful sitting, learning and communication. These are features that are not available on the manual or powered wheelchairs currently used, and that is why various forms of seating are necessary to maximise **X**'s potential as they grow. **X** currently has a Jenx Junior+ seating system which they are nearing the end of the growth of. They have loved using this system, they find they can access school tables or the family dinner table much more easily. **X** does not need to use the hoist with Junior or Multiseat, they can practice standing with the Sam Hall Turner thanks to the tilt-in-space, high-low function, flip-away accessories and open design of the seats. **X** is determined to be as physically active and independent as they can be and continuing to practice standing transfers is an important goal for them. **X** also likes that they can independently reduce the support of the pads at their trunk via push button so they can continue to develop their trunk control or reach out further. **X** feels more alert and able to listen and take part in the classroom environment with the more upright posture they can achieve in their seating system. They enjoy using the recline and headrest when relaxing and watching the television. The features of the Multiseat are very similar to the Junior+, so funding of this will provide consistency to **X**, continuing to enable access to a chair that they already know, they enjoy using, that provides independence and that they feel comfortable in. The Multiseat will also grow with **X** right through to adulthood.

X is at time of their life where they are experiencing rapid growth, and due to their more complex physical needs, evidence suggests they are at great risk of worsening spinal changes and contractures (Casey et al., 2022). Recommendations have also been made from the same research that efforts should be made to prevent postural asymmetries from progressing, and on increasing the child's ability to change position, and one such intervention is the provision of individually tailored seating systems (Casey et al., 2022). A recent systematic review also makes a conditional recommendation for the use of adaptive seating systems in people with Cerebral Palsy to help with



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improved upright posture for functioning, including swallowing and hand use, and participating in daily activities (Toohey et al., 2024). An easily adaptable and manoeuvrable, yet highly supportive, seating system like the Multiseat can help replicate these recommendations and can support X in maximising their development. A scoping review has also suggested use of an adaptive seating systems for children with non-ambulant Cerebral Palsy can be beneficial for hip health (Paleg and Livingstone, 2022). Therefore, it is paramount funding is received for the Jenx Multiseat as soon as possible to maximise X's ability and reduce potential of secondary complications.

Describe the psychological benefits of equipment (Include benefits to carers and family as well as client if able, support with clinical references if able)

As stated, X loves their adaptive seating system. They feel happier when they have access to it at school as they feel more included in the class environment. They feel they can work and participate better. X feels more independent and can work on some of their most important goals more easily. At home, X enjoys using their adaptive seat to sit at the family dinner table to eat and play board games or just to relax and watch TV. They can access their kitchen ledge more easily when baking with their parents. For X's family, they see how happy and independent X is with their seating system. They feel less stressed, less burdened and less worried. They know X is safe. X is already very worried at the thought that they might not have access to another adaptive seating system when they grow out of their Junior+ chair, and they are feeling stressed whilst awaiting a decision for funding.

Discuss other equipment experiences that have not been appropriate for client (Why were the other equipment not appropriate in relation to the client's needs? Re-iterate benefits of Multiseat in comparison, include specific details of other products as appropriate)

X's manual wheelchair and powered wheelchair provide mobility options and some independence with mobility, but they do not have the optimal and adaptable postural support of the Multiseat. They do not sufficiently aid X's goals at home and school. X has been assessed for another brand of adaptive seating but there is no sacral pad to stabilise X's pelvis appropriately, the high-low range is limited and would not aid goals and participation at home, the adjustments are all tooled so X loses a degree of independence, and the supports do not flip away which impacts transfer practice. The Multiseat will provide consistent features from the Junior + and continue to support X's goals and development.



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Describe the equipment and accessories being requested for the client

X will require:

- 1 Seat Unit Size 5
- 1 Seat Pad
- 1 4 Point Lap Strap Large
- 1 Large Back Pad
- 1 Lumbar/Sacral Pad
- 1 Hip Guides (Pair)
- 1 Fixed Footpost
- 1 Footplate
- 1 Z-Base
- 1 Oval Head Support
- 1 Short Slim Support Pads Size 2
- 1 Arm Rests (Pair)
- 1 Tray
- 1 Full Set of Covers
- 1 Leg Control Brackets Size 5
- 1 Leg Control Pads (Pair)
- 1 Sandals size 4 (Pair)

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Use descriptions of medical necessity below to assist with the clinical need in relation to the client, delete items as appropriate.

Jenx Multiseat components and medical necessity

(Delete items as required)

Item	Description of Medical Necessity
Seat Unit 	Available in two sizes, the Multiseat seat unit fits to the Z Base and has a contoured, hygienic PU seat to help create stable sitting. NB. Must be used with a seat pad. * Part of minimum safe set up
Seat Pad 	Made from pressure-reducing foam covered in waterproof, breathable PU fabric. Assists with creating comfortable sitting for the user * Part of minimum safe set up
Back Pad and Post 	Provides adjustable back support. Available in 2 sizes Adjustable in height and depth to support most individual needs and postures. Thoracic supports, headrests, shoulder protractors can all be mounted to the bad pad * Part of minimum safe set up
Lumbar/Sacral Pad 	Provides support to the lumbar/sacral region. Fully adjustable for height, depth and angle. Can help reduce sacral sitting, stimulate active sitting, or when used in combination with the 4 Point Belt, can be used as an anchor point to reduce anterior pelvic tilting where needed. * Part of minimum safe set up

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4 Point Lapstrap



Maintains an optimum, stable pelvic position for any user in the Multiseat. It's 6 points of adjustment provide tailored support for each user. Padded for additional comfort, machine washable, easy to secure and remove with one buckle. Available in 2 sizes

***The adjustability of the Multiseat means it will provide the appropriate support for X's current functional level, but it can also be easily used for challenging skill and changing seated position. The foundation of ischial well, memory foam pad, sacral pad and 4-point belt function together to create stable, symmetrical and comfortable sitting. X is currently at the minimum settings for size 5, so the Multiseat will now grow with them into adulthood**

Z Base



Complete with push handle, the Z base is specifically designed to perfectly distribute the weight of both the Multiseat and the user, whilst still being easy to push and manoeuvre. It has four easy push, lockable swivel castors

***The high-low range is perfect for accessing the environment more easily, practicing sit-to-stands or sitting at the family dinner table at teatime. The tilt-in-space encourages easy postural changes, active or restful sitting, as well as aiding transfers in and out of the system. The swivel castors are perfect for exploring X's environment. The push handle supports care giving, helping to reduce strain on with using equipment. The max user weight of 100kg will mean X will use this chair into adulthood comfortably**

Abduction Pad



Used as a prompt to enhance the inherent contoured seat design of the seat unit. Made from hygienic PU.

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Hip Guides 	These supports provide positioning support to help achieve optimum pelvic stability. Adjustable for width and angle with a simple push-button flip-away action for easy transfers The hip guides can be adjusted via tool-free methods to challenge postural control or can be flipped out of the way to practice step transfers. They can correct X's minesweeping in combination with the 4 point belt, leg control pads and sandals to create stable and functional sitting
Multigrip™ Headrests 	Mounted on a flexible bracket, the headrest utilises interlocking fingers to mould the head pad to a variety of shapes and accommodate various head postures. Comes mounted on a flexible fixing bracket giving adjustment for height, depth and angle.
Oval Head Support 	Simple headrest available in a range of colours for children who require minimal head support and gentle prompting. Comes mounted on a flexible fixing bracket giving adjustment or height, depth and angle. The Oval head support will provide a gentle prompt when X is relaxing in their chair – such as when watching television
Flexible Thoracic Support Pads 	Available in a range of sizes, these slimline and super flexible Support Pads (with straps) are designed to provide outstanding positioning with comfort in mind. All sizes feature single-handed flip-away action and are independently adjustable for height and width to ensure maximum trunk control. They can also be reduced in their support incrementally to challenge and develop postural control Also available: High-rise Flexible Thoracic Supports, offering a greater range of height adjustment.

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Short Slim Support Pads



Available in a range of sizes (all without straps) with regular, or high/low rise brackets, these trunk support pads are made from flexible and hygienic PU. There is a single-handed push button flip away action on all supports and they are independently adjustable for height and width. Can be offset to brace a scoliosis or accommodate other skeletal deformities.

This also significantly increases the level of sensory feedback X experiences in the chair, helping them feel more secure and can reduce their dystonia. They can be individually adjusted in width and height to cater for individual postures, and can easily be reduced in support via push button to challenge and develop X's postural control

Shoulder Protractors



Used to encourage arms into midline and prevent excessive retraction. Completely flip away when not required. Independently adjustable for height, width and angle.

Arm Rests



Provided as a pair, the Armrests are independently adjustable for height and angle. Clear markings make it easy to set the Armrests at the correct height. Padded armrest covers in a range of colours are also available.

Needed to attach the tray. They provide gentle support and stability for the upper limbs, and creating a reassuring boundary for more sensory-informed and safe sitting for X. Can be removed easily for practicing transfers

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Tray 	A useful surface for work, feeding or play. Made from food grade plastic providing a hygienic and easy to clean surface. Contrasting tray edging gives a definitive boundary particularly useful for users with visual impairments and enables toys or other items to be securely fastened in place. Available in two sizes. Requires armrests for use. The tray will be a stable area of learning. play and stimulation for X. They can read books, use their iPad or practice with their electronic drums. This simple addition makes seating so much more active and functional.
Full and Half Tray Padding 	Extra cushioning for the tray. Attaches with hook and loop fastening and is covered in wipe-clean PU fabric, ideal for optimum infection control.
Tray Infill 	Designed to work with the standard Multiseat Trays by reducing the aperture for smaller children. Perfect surface for use with suction toys, anchors or grab bars. Helps prevent slimmer arms from falling into gaps.
Tray Elbow Blocks 	Used to encourage arms into a mid-line position and/or to block excessive retraction.

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Waistcoat Harness 	Provides additional trunk and shoulder stability, particularly for children with low tone. Zip system allows for easy access to gastroonomy feed tubes, and for quick release if clinically indicated, Provides additional sensory feedback. Available in 4 sizes to accommodate growth, with the option of a more dynamic polyurethane material or slightly firmer wipe-clean outer surface fabric.
Removable, Washable, Padded Covers 	A full range of colour co-ordinated covers are available for the seat and accessories. Easily removed and machine washable at 40°. Available in Red, Blue, Pink, Green, Yellow or Grey. A foam inlay within the covers adds to the overall comfort of sitting within the seating system. Optional memory foam padding is also available for additional pressure relief where needed. The covers provide an important layer of comfort for X. They can easily be washed to aid caregiving
Ischial Bar 	Simple yet highly effective positioning aid for children with a strong tendency towards sacral sitting. Position beneath the memory foam pad in front of the ischial tuberosities
Abduction Block 	Available in three sizes providing different levels of abducted seating for individual body sizes. Helps also provide gentle stretching for users with high-tone hip adductors

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Leg Control Pads 	Unique Leg Control Pads allow you to control leg position independently of pelvic position, creating abduction or adduction or controlling wind sweeping. Flip completely out of the way to facilitate smooth, safe and dignified transfers. The leg control pads will reduce X's wind sweeping posture, creating more stable and functional positioning, whilst reducing risk of secondary complications at their hips and spine. They can be easily flipped away to challenge and develop sitting skill, or for when practicing transfers.
Footpost 	Fixed or angle adjustable footpost. Angle adjustment can be used to accommodate some lower limb contractures, or encourage more relaxed sitting in combination with tilt in space and back recline NB: Footpost required to fit footplate Needed for Footplate mounting
Footplate 	Provides support for feet with easy fit slots making attaching sandals and other foot support options a breeze. Easily flips away and is held in place by a magnet in the footpost Needed to fix X's sandals to. Provides a stable needed particularly when using high-low functions. Flips out of the way when X is practicing transfers
Footplate Pad 	Attaches to the footplate to provide a softer surface for those who can't tolerate more structured foot positioning

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Box Style Footplate 	Perfect for children whose condition precludes them from having their feet fixed. Provides a level of control while still allowing freedom of movement
Sandals 	Available in different sizes to accommodate the size of foot, even when wearing splints. Provide support for optimal foot positioning and an optimum base of support for standing. Straps open from the back facilitating easy stand transfers into prone standing. These sandals provide optimal positioning and sensory feedback to make sitting feel safe and stable. They aid optimal lower limb positioning and will assist in reducing X's wind sweeping posture
Ankle Snugs 	An accessory for the sandals that can provide extra comfort, support and sensory feedback around the foot and ankle complex.
Sandal Raising Blocks 	Available for every size of Jenx sandals the raising block kits give the sandals that extra bit of height where needed. To aid accommodation of leg length discrepancy.

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Goals of Recommended Equipment (Client and Carer's voice should be central to goals, goals should be personal to client's individual needs)

X's to be as independent and as physically active as possible. They want to be able to take part at school and home as typically as possible. They want to feel comfortable when sitting and be able to continue practicing their transfers

- To improve **X's** sitting posture against gravity
- To improve upper limb ability
- To improve trunk control
- To increase physical activity levels
- To provide functional and safe positioning
- To reduce dystonic movements
- To prevent postural deterioration
- To aid learning
- To aid interaction
- To support transfer practice
- To support hobbies and daily activities
- To reduce burden for caregivers
-

How does prescription of this equipment incorporate the F-Words in Childhood Disability? (Rosenbaum & Gorter, 2011)

Fitness – The Multiseat provides optimal support to create a stable and symmetrical posture that allows for reduced energy expenditure. It helps to avoid prolonged 'destructive' postures that may affect internal functioning and lead to musculoskeletal abnormalities. It encourages active sitting, play and learning that will help build **X's** stamina and reduce their fatigue. It will boost **X's** mental well-being by reducing isolation and increasing activity levels.

Function – Features such as the adjustable leg guides, hip guides and tray help to create stable, and active postures. They will continue to encourage development of upper limb skills, trunk control and head control. The open design of the seating system and adjustability of the base is perfect for practicing sit-to-stand or turning transfers for **X**.

Friends – **X** can sit at the class table with their friends. They find the Multiseat more comfortable and supportive than any other chair, meaning they can relax and interact with their friends, and have fun with them much more easily.

Family – **X** uses the high-low function to do baking and cooking with their parents at the kitchen ledge, or playing board games at the family table. **X's** family are happy seeing them comfortable, relaxed and independent in their chair. There is a reduction in care burden thanks to these periods of independence. The Multiseat also fits into the family environment much better than the bulky powered chair.

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Fun – X can use the Multiseat for some of their favourite hobbies – video games, electric drums and even boccia practice.

Future – The Multiseat will grow with X right through to adulthood, helping to prevent postural changes, supporting their individual goals, and maximising their potential.

Discuss costs of not having equipment/cost benefits with the equipment in place

Summary/Conclusion

Signed:

Date:



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Include pictures showing the support the Junior+ can provide



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